



Tofu



Characteristics

100% Plant-based, Naturally Lactose Free, Rich in plant-based proteins, with calcium.

Ingredients

Water, soya beans, coagulants: calcium sulphate, Nigari.

Dichiarazione nutrizionale (per 100 g)

ENERGIA:	696 kJ, 167 kcal
GRASSI:	11 g
di cui acidi grassi saturi:	1.7 g
CARBOIDRATI:	1.0 g
di cui zuccheri:	0.9 g
FIBRE:	2.1 g
PROTEINE:	15 g
SALE:	0.03 g
CALCIO:	150mg

Formati

2 x 125 g
Pot

Conservazione

90 days in a refrigerator at 0°C to +4°C. Consume within 4 days after opening.

Informazioni

Can be consumed by those who are intolerant to milk or allergic to milk protein, by *coeliacs*, *vegetarians* and *vegans*.