

## Peas Carrots and corn Burger



### Characteristics

100%Plant-based, Rich in proteins, Only 1.8% of fat, Gluten free, with Vit B12

### Ingredients

Water, restructured soy flour (18%), potatoes (12%), peas (10%), carrots (8%), corn (6%), rice (4%), onion, citrus fiber (1%), sunflower oil, sea salt, natural flavouring (with soy and celery), stabilizer: methylcellulose, soy protein (0.06%), parsley, vitamin B12.

### Nutritional Values (per 100 g)

<b>ENERGY:</b>	489 kJ, 116 kcal
<b>FAT:</b>	1,8 g
<i>of which saturates:</i>	0,2 g
<b>CARBOHYDRATE:</b>	11 g
<i>of which sugars:</i>	2,5 g
<b>FIBRE:</b>	6,0 g
<b>PROTEIN:</b>	11 g
<b>SALT:</b>	1,1 g
<b>VITAMIN B12:</b>	0,38 µg

### Size

2 x 100 g  
Tray

### Storage instructions

70 days in fridge between 0°C and +4°C

### Informazioni

Can be consumed by those who are intolerant to milk or allergic to milk protein, by *celiacs*, *vegetarians* and *vegans*.